

Full Report (All Nutrients) 45134441, BANQUET Family Serve Chicken Alfredo Meal, UNPREPARED, GTIN: 00031000116217

Based on the GS1 Global Data Synchronization Network, [Powered by 1WorldSynch](#)

Report Date: May 26, 2017 13:57 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer ConAgra Foods Inc.

Nutrient	Unit	Data points	Std. Error	1 Cup (227g) 227g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	211	93
Protein	g	--	--	11.01	4.85
Carbohydrate, by difference	g	--	--	29.01	12.78
Sugars, total	g	--	--	2.00	0.88
Minerals					
Calcium, Ca	mg	--	--	59	26
Iron, Fe	mg	--	--	1.09	0.48
Potassium, K	mg	--	--	175	77
Sodium, Na	mg	--	--	720	317
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	2.00	0.88
Fatty acids, total monounsaturated	g	--	--	1.00	0.44
Fatty acids, total polyunsaturated	g	--	--	2.00	0.88
Fatty acids, total trans	g	--	--	0.00	0.00
Cholesterol	mg	--	--	20	9

Amino Acids

Other

Ingredients

Alfredo Sauce: Water, Modified Corn Starch, Romano Cheese from Cow's Milk (Part-Skim Milk, Cheese Cultures, Salt, Enzymes), Soybean Oil, Alfredo Cheese Blend (Parmesan Cheese [Pasteurized Part Skim Milk, Cultures, Salt, and Enzymes], Water, Cheddar Cheese [Pasteurized Milk, Cultures, Salt, and Enzymes], Nonfat Dry Milk, Salt, Romano Cheese made with cow's milk [Pasteurized Part Skim Milk, Cultures, Salt, and Enzymes], Disodium Phosphate, and Sodium Citrate), Whey, Salt, Cream, Whey Protein Concentrate, Butter (Cream, Salt), Crushed Garlic (Garlic, Citric Acid), Onion Powder, Nonfat Milk, Diacetyl Tartaric Acid Esters Of Mono And Diglycerides (DATEM), Sodium Phosphates, Xanthan Gum, Sodium Caseinate, Ground Black Pepper. Pasta: Water, Enriched Semolina (Durum Wheat Semolina, Niacin, Ferrous Sulfate [Iron], Thiamine

Mononitrate [Vitamin B1], Riboflavin [Vitamin B2] and Folic Acid), Soybean Oil, Dried Egg Whites. White Meat Chicken: (White Meat Chicken, Water, Isolated Soy Protein Product [Isolated Soy Protein, Modified Potato Starch, Corn Starch, Carrageenan with Less than 2% Soy Lecithin], Dextrose, Salt, Natural Flavors), Broccoli. CONTAINS: EGG, MILK, SOY, WHEAT. *Date Last Updated by Company:* 09/08/2016